

Understanding the Normal Distribution

A normal distribution is *bell-shaped* and *symmetrical* around the mean.



Bell-shaped curve

The normal distribution forms a smooth, bell shape.



Symmetrical around the mean

The left side is a mirror image of the right side.



Mean, median, and mode are equal

All three measures of central tendency are the same.



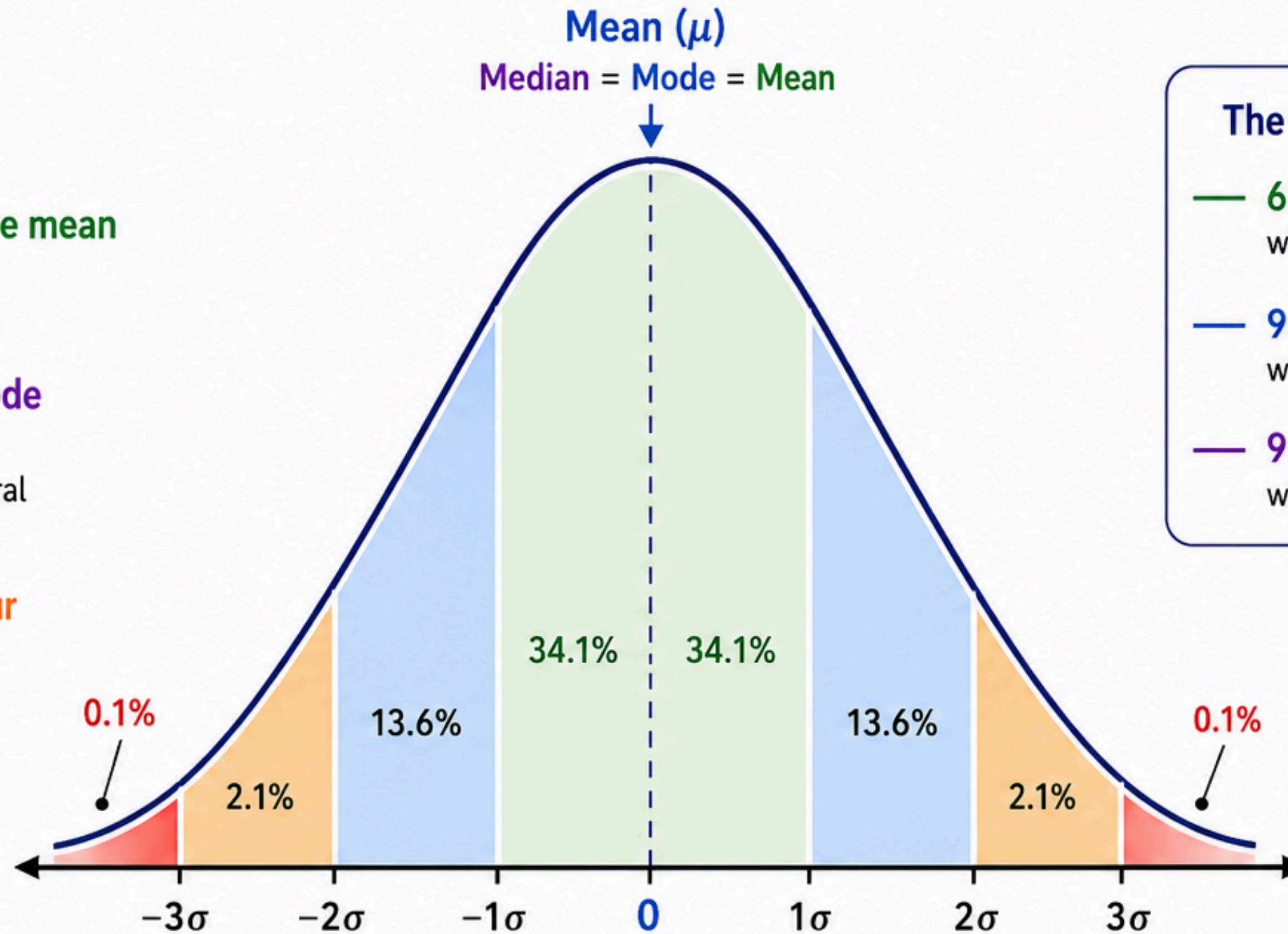
Most observations occur near the center

The highest frequency of values is around the mean.



Extreme values are rare

Values far from the mean are less likely to occur.



The 68-95-99.7 Rule

— 68% of data within $\pm 1\sigma$ of the mean

— 95% of data within $\pm 2\sigma$ of the mean

— 99.7% of data within $\pm 3\sigma$ of the mean

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68% of data

95% of data

99.7% of data

Mean

The mean is the average value of a dataset.

$$\text{Mean} = \frac{\sum X}{N}$$



Example

Dataset: 2, 4, 6, 8, 10

$$\text{Mean} = \frac{2+4+6+8+10}{5} = \frac{30}{5} = 6$$



Key Points

- Uses all values in the dataset.
- Sensitive to extreme values.
- Represents the center or balance point of the data.

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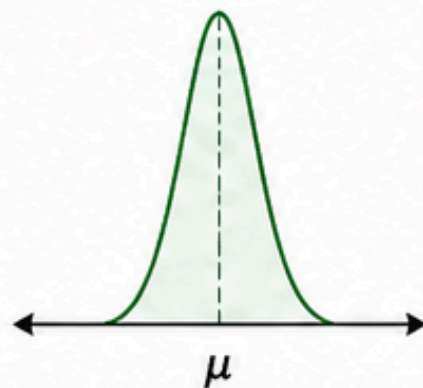
Standard Deviation

Standard deviation measures how spread out the data is around the mean.

$$\sigma = \sqrt{\frac{\sum (X - \mu)^2}{N}}$$

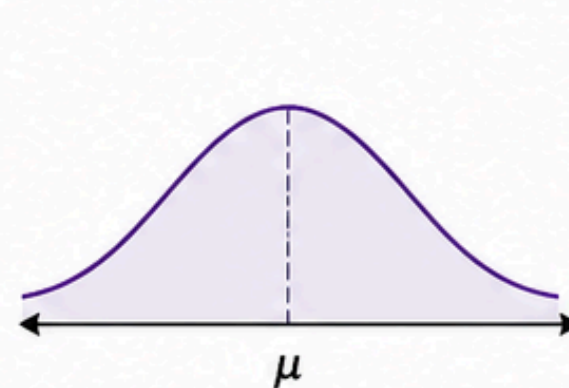
- Small standard deviation → values are close to the mean.
- Large standard deviation → values are spread out.

Small Standard Deviation



Values are close to the mean

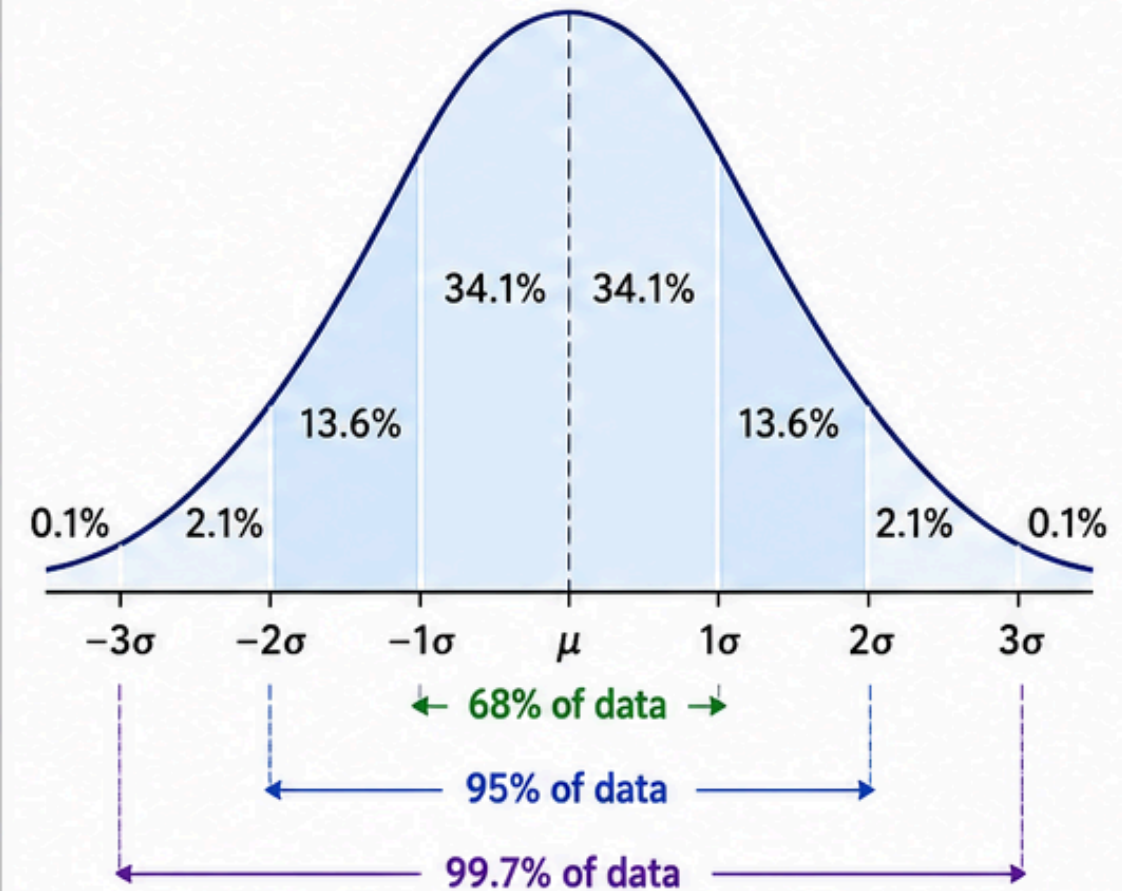
Large Standard Deviation



Values are spread out from the mean

Normal Distribution

A normal distribution is a symmetric, bell-shaped distribution where most values cluster around the mean.



Many real-world measurements approximately follow a normal distribution:



Student exam scores



Heights



Weights



IQ scores



Manufacturing measurements



The concept of **Z-score** is built directly on these ideas.

Mean and Standard Deviation Example

Let's understand mean and standard deviation with clear examples.

Calculate the Mean

Consider the following marks:

60, 70, 80, 90, 100

$$\text{Mean} = \frac{60 + 70 + 80 + 90 + 100}{5}$$
$$\text{Mean} = \frac{400}{5}$$

Mean = 80

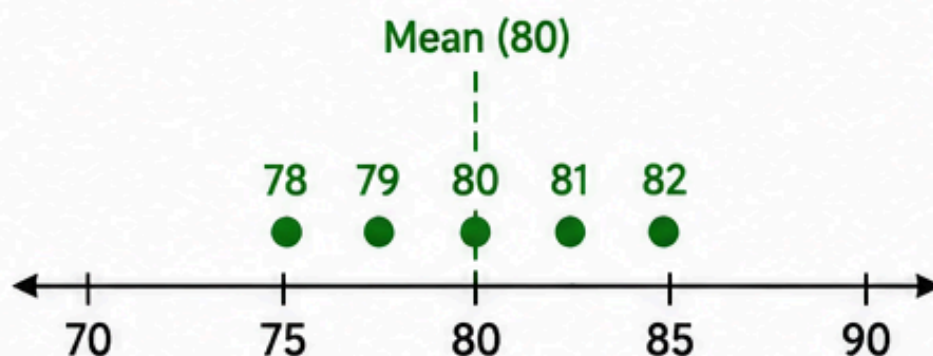
The average score is **80**.

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Understanding Standard Deviation

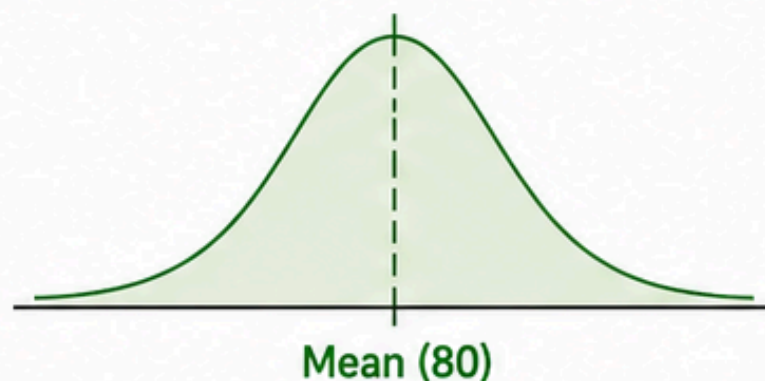
Dataset with Small Spread
78, 79, 80, 81, 82

Values are very close to the mean.



Result:

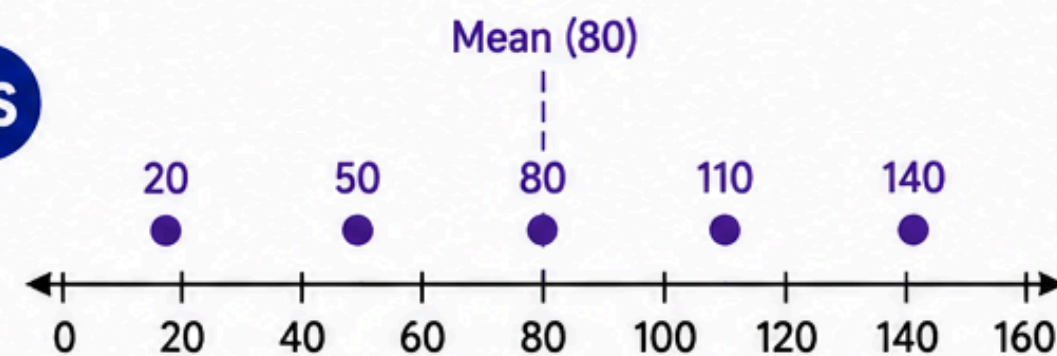
- Low spread
- Small standard deviation



VS

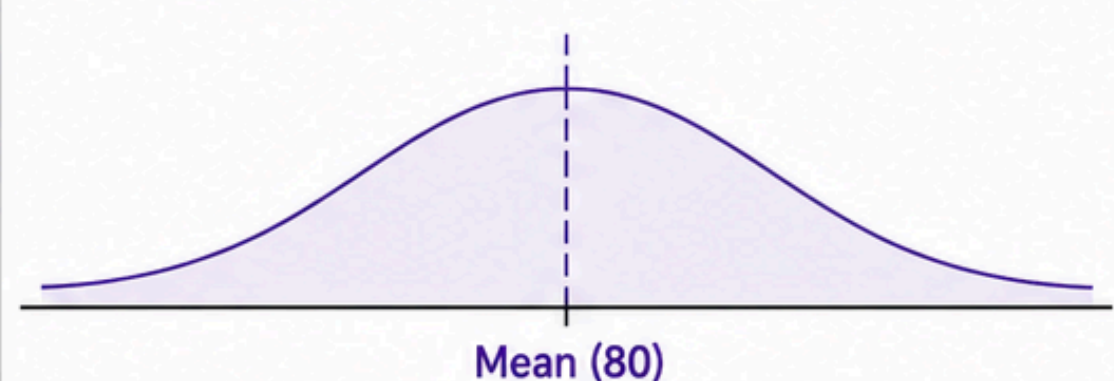
Dataset with Large Spread
20, 50, 80, 110, 140

Values are far from the mean.



Result:

- High spread
- Large standard deviation



The 68-95-99.7 Rule

For a normal distribution:

1 Within 1 Standard Deviation

Mean \pm 1SD



Approximately
68% of data
falls within this range.

2 Within 2 Standard Deviations

Mean \pm 2SD



Approximately
95% of data
falls within this range.

3 Within 3 Standard Deviations

Mean \pm 3SD



Approximately
99.7% of data
falls within this range.



Example of the Rule

Suppose:

Mean (μ) = 50

Standard Deviation (σ) = 10

● 68% of Data 40 to 60

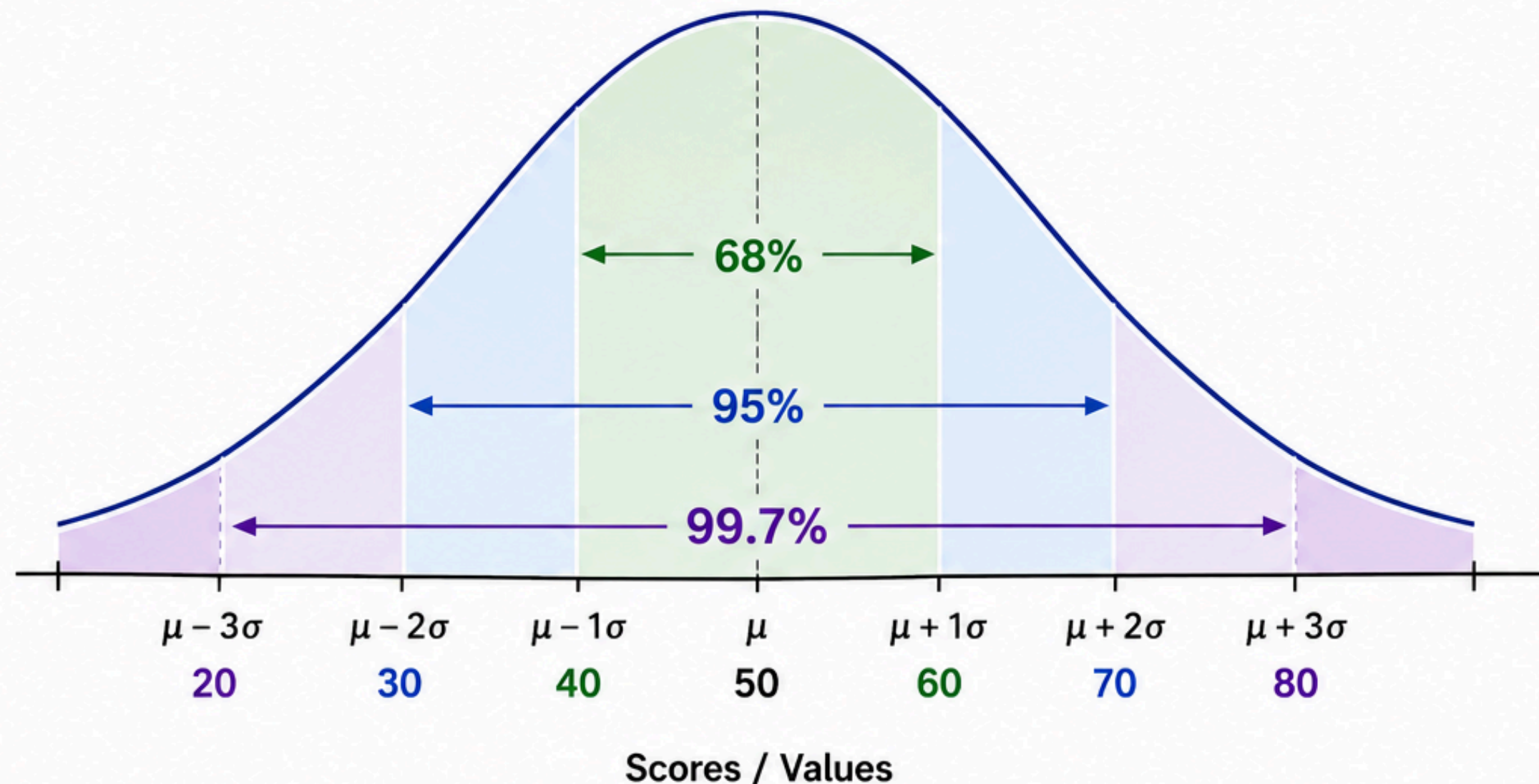
● 95% of Data 30 to 70

● 99.7% of Data 20 to 80

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What is a Z-Score?



A Z-score measures how many **standard deviations** a value is away from the mean.

Formula

$$Z = \frac{X - \mu}{\sigma}$$

Where:

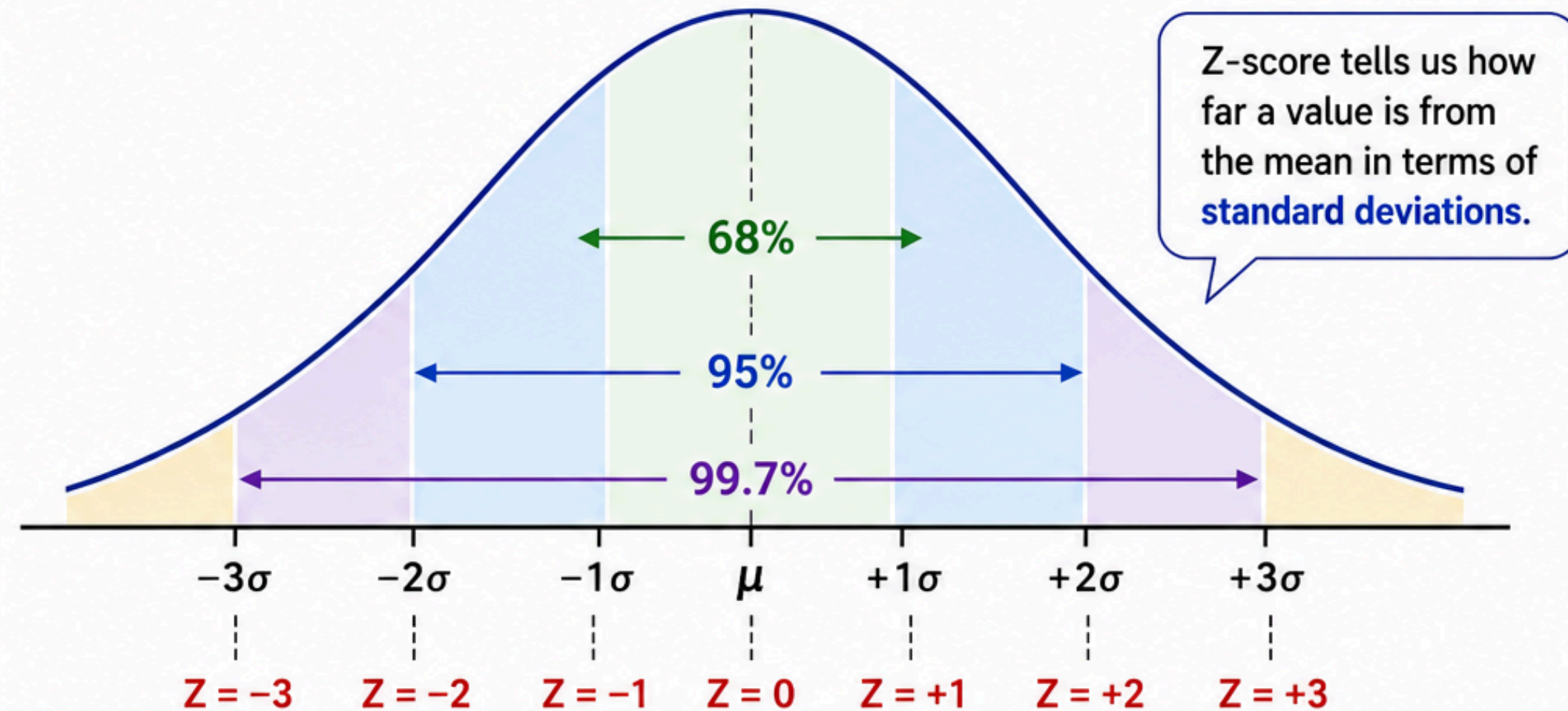
- X = Actual value
- μ = Mean
- σ = Standard deviation

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Understanding Z-Score



Interpretation

- $Z = 0$ The value is equal to the mean.
- $Z > 0$ The value is above the mean.
- $Z < 0$ The value is below the mean.

The larger the absolute value of Z, the **farther the value** is from the mean.

Calculating a Z-Score

Let's calculate the Z-score for a student's score.

Suppose:

- Mean (μ) = 70
- Standard Deviation (σ) = 10
- Student Score (X) = 90

Step 1: Apply the Formula

$$Z = \frac{X - \mu}{\sigma}$$

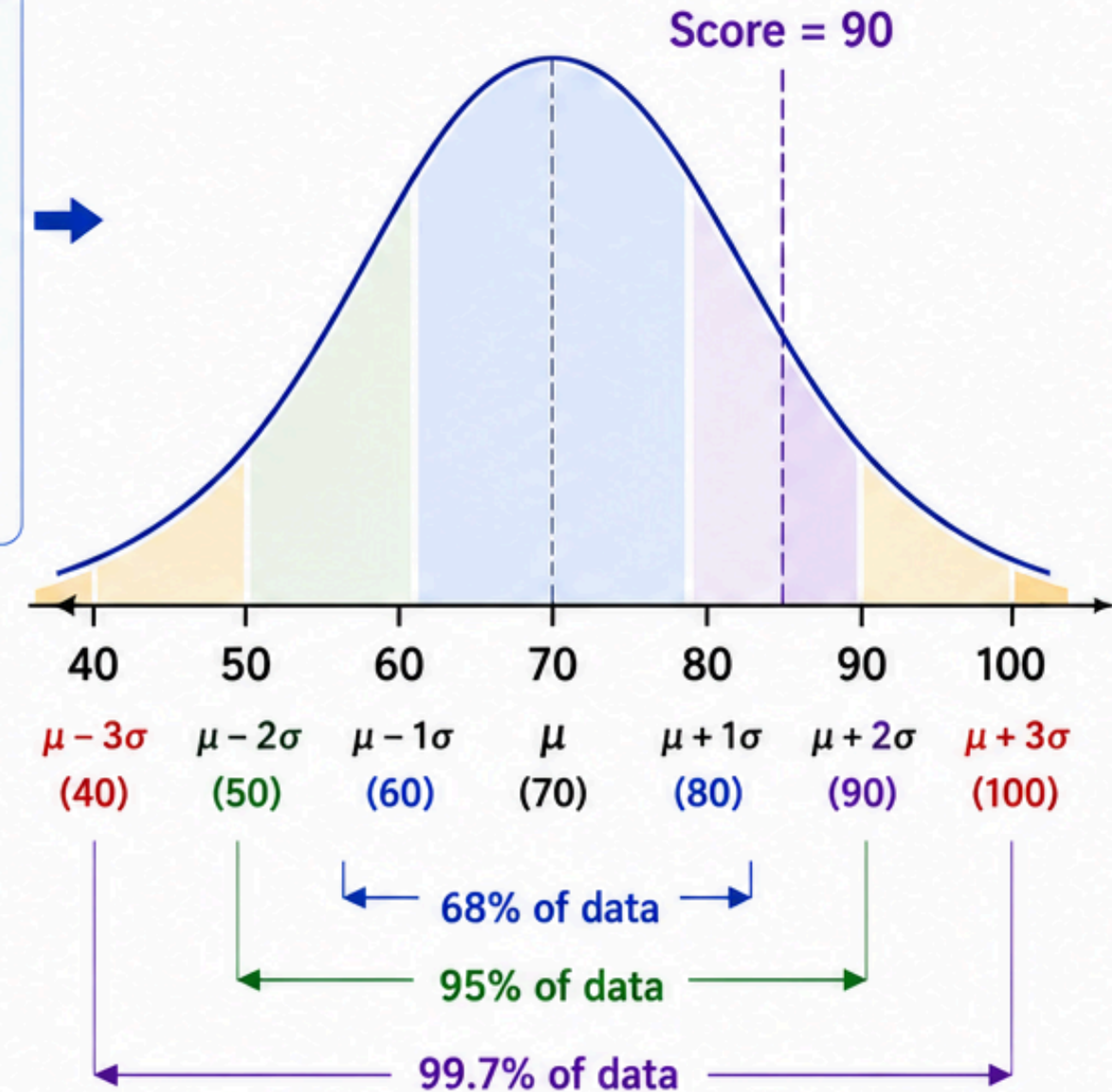
$$Z = \frac{90 - 70}{10}$$

Step 2: Simplify

$$Z = \frac{20}{10}$$

$$Z = 2$$

Visual Representation



Interpretation



- ✓ The score is 2 standard deviations **above** the mean.
- ★ This indicates a significantly **above-average** performance.

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Z-score = 2 means the score is **2 standard deviations above the mean.**

Positive Z-score → Above average

Z = 0 → Average (at the mean)

Negative Z-score → Below average

Negative Z-Score Example

Let's calculate and interpret a negative Z-score.

Suppose:

- Mean (μ) = 70
- Standard Deviation (σ) = 10
- Student Score (X) = 50

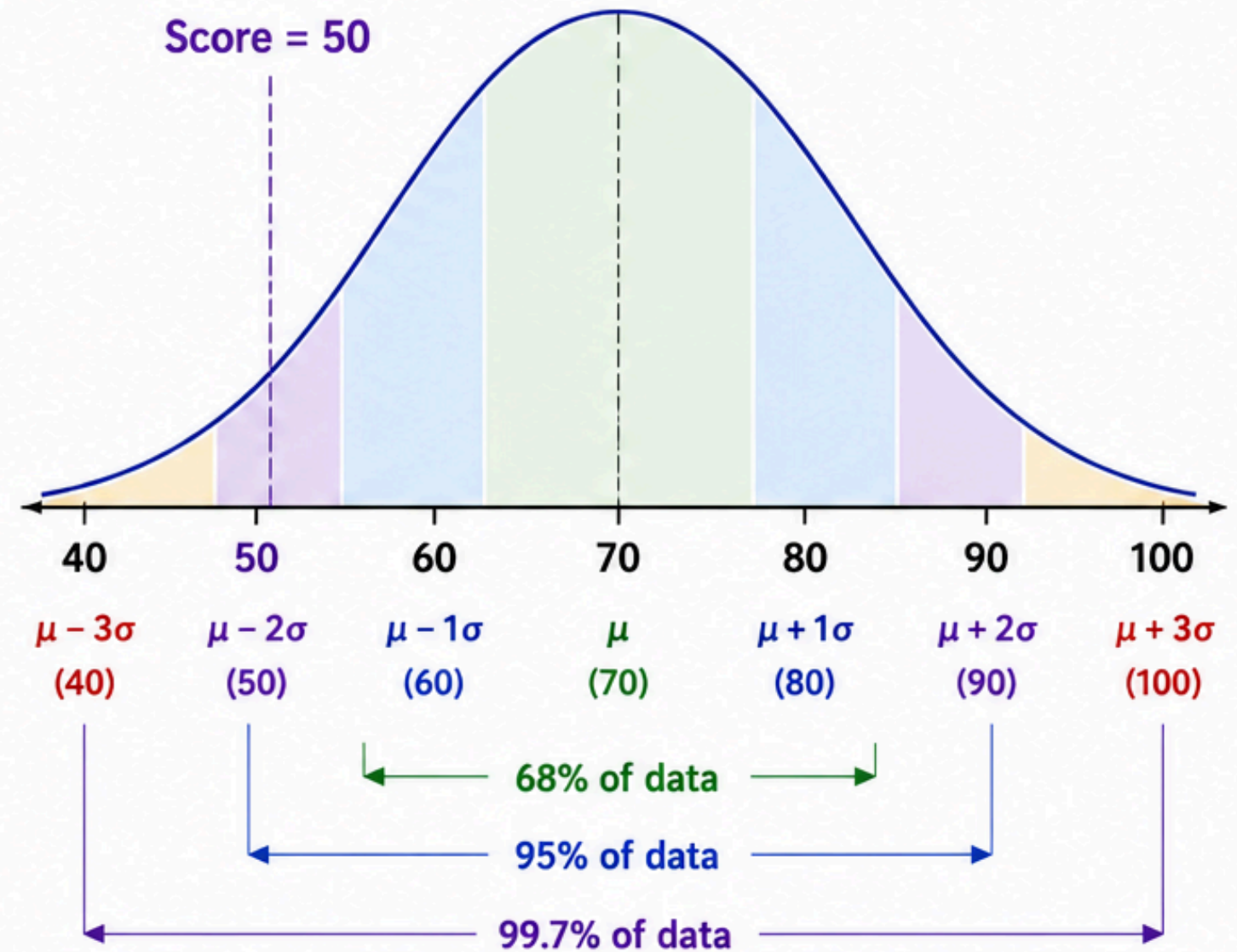
Calculation

$$Z = \frac{X - \mu}{\sigma}$$

$$Z = \frac{50 - 70}{10}$$

$$Z = -2$$

Position on the Normal Distribution



Interpretation

- The score is 2 standard deviations **below the mean**.
- This indicates **below-average** performance.

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What does a negative Z-score mean?

A negative Z-score means the value is **below the mean**.

Z = 0 At the mean (average)

Z > 0 Above the mean

Z < 0 Below the mean



Key Takeaway

The further the Z-score from 0, the farther the score is from the mean.

Why Do We Need Z-Scores?

Imagine two students from different schools.

Student A

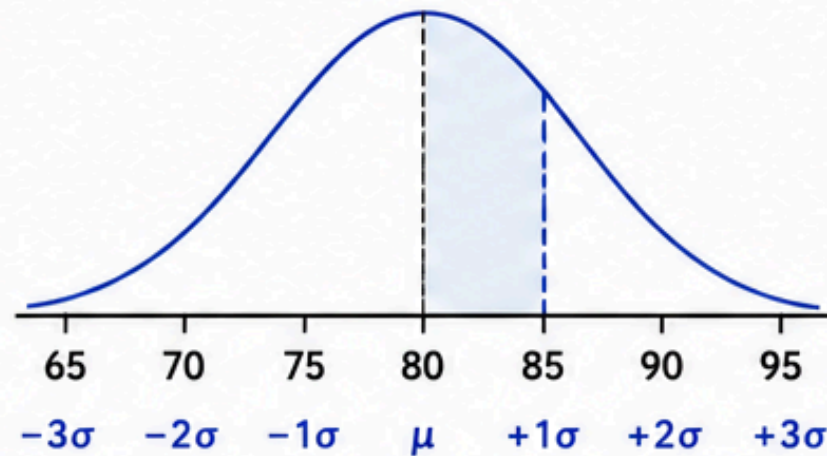


 Score (X)	= 85
 Mean (μ)	= 80
 Standard Deviation (σ)	= 5

Z-Score Calculation

$$Z = \frac{X - \mu}{\sigma}$$
$$Z = \frac{85 - 80}{5}$$

$$Z = 1$$



Score is 1 standard deviation above the mean.

Student B

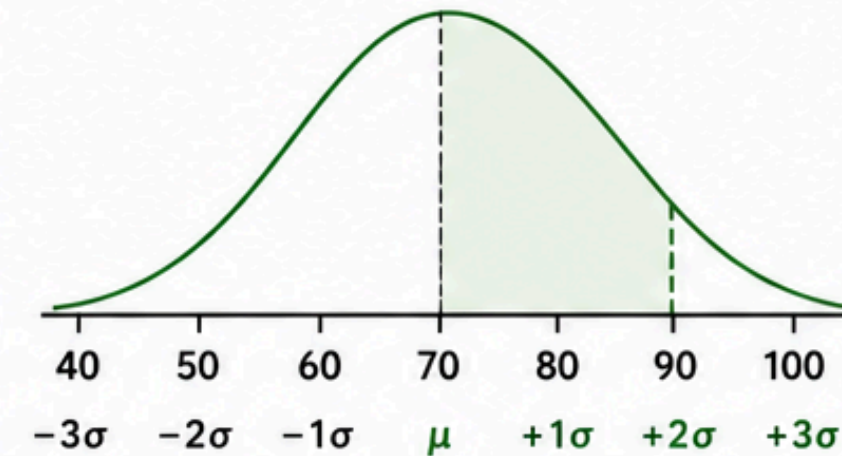


 Score (X)	= 90
 Mean (μ)	= 70
 Standard Deviation (σ)	= 10

Z-Score Calculation

$$Z = \frac{X - \mu}{\sigma}$$
$$Z = \frac{90 - 70}{10}$$

$$Z = 2$$



Score is 2 standard deviations above the mean.

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Although **Student B** has a higher raw score ($90 > 85$), Student B's performance is **better relative** to his school.



Z-scores allow us to compare performance across different datasets with **different means and spreads**.

Comparison



Although **Student B** scored only 5 marks more, their performance relative to their school is **much stronger**.

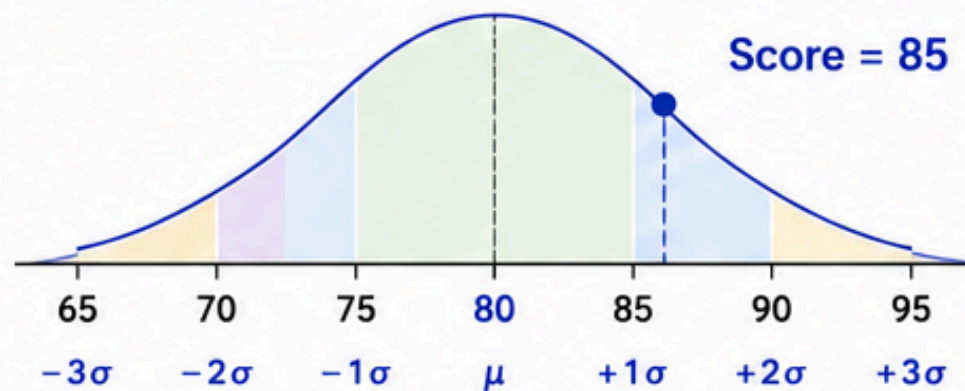
Student A



Score = 85
Mean = 80
Standard Deviation = 5

Z-Score = 1

Student A (Mean = 80, SD = 5)



85 is 1 standard deviation above the mean.

Student	Score (Marks)	Z-Score
A	85	1
B	90	2

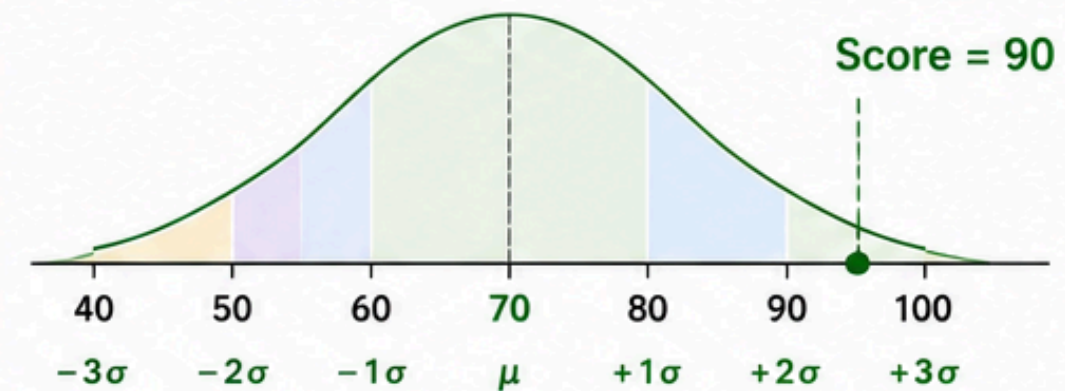
Student B



Score = 90
Mean = 70
Standard Deviation = 10

Z-Score = 2

Student B (Mean = 70, SD = 10)



90 is 2 standard deviations above the mean.



Student B performed **better** compared to their peer group.



This is why **Z-scores** are useful for **comparing different datasets**.

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Raw Scores Can Be Misleading

Different schools (or tests) have different means and spreads.



Z-Scores Standardize Performance

They tell us how far a score is from the mean in terms of standard deviations.



Better for Comparison

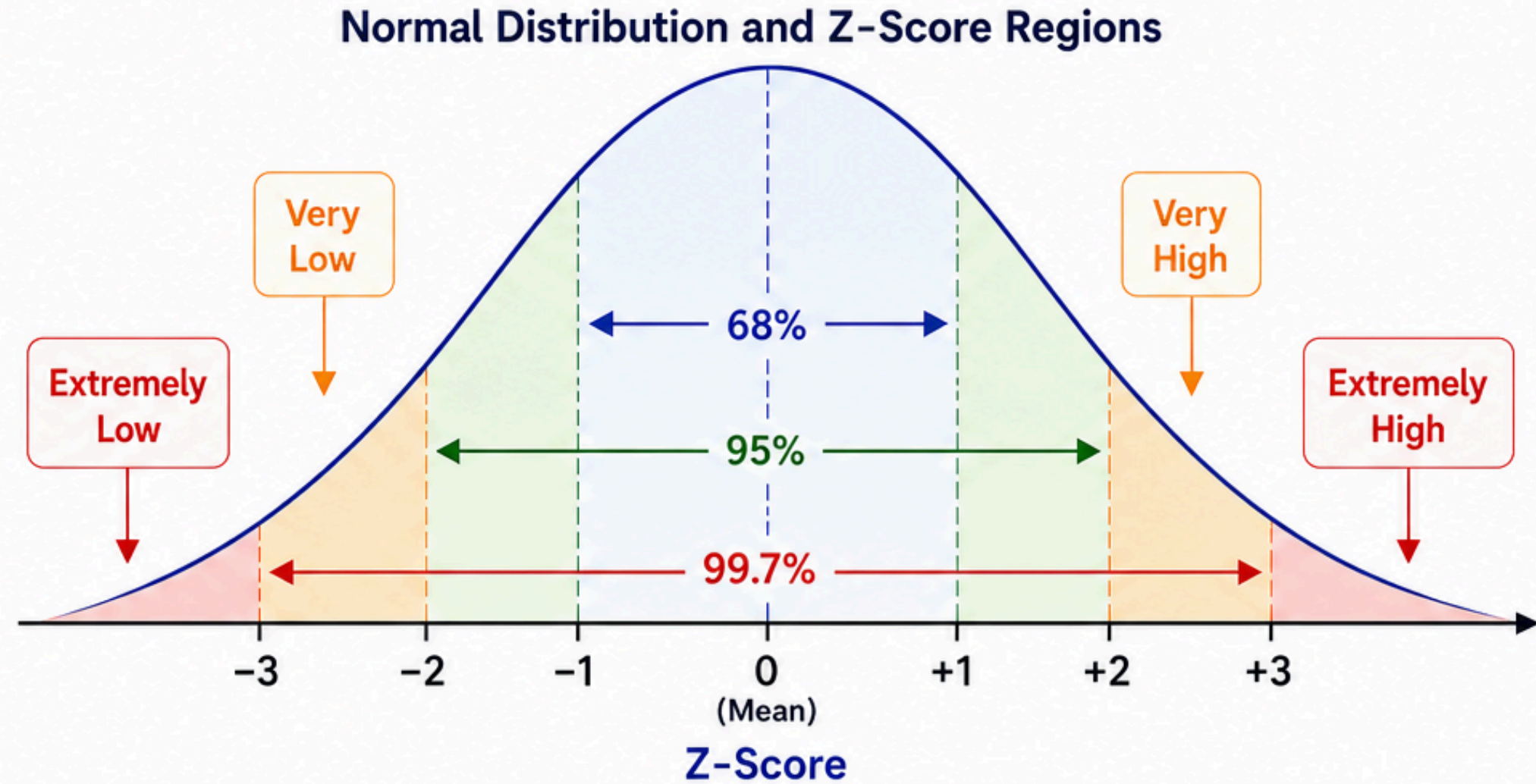
Z-scores allow fair comparison across different datasets.


Identifying Unusual Values



🔍 Z-scores can help detect unusual observations.

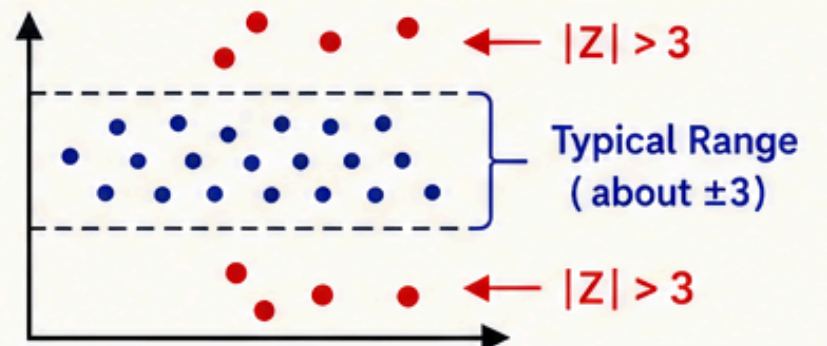
General Interpretation	
Z-Score	Interpretation
0	Average
+1	Above Average
-1	Below Average
+2	Very High
-2	Very Low
+3	Extremely High
-3	Extremely Low



 A common rule is:

$|Z| > 3$

Values beyond ± 3 are often considered **unusual** or potential **outliers**.



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Real-World Example: Salary Analysis

1 Suppose:

₹ Average Salary (μ) = ₹50,000

σ Standard Deviation (σ) = ₹10,000

👤 Your Salary (X) = ₹70,000

2 Calculation

$$Z = \frac{X - \mu}{\sigma}$$

$$Z = \frac{70000 - 50000}{10000}$$

$$Z = 2$$

3 Interpretation



Your salary is **2 standard deviations** above the average salary.



This indicates that your income is **significantly higher** than the average employee in the dataset.

4 Standard Normal Distribution



When data is converted into Z-scores:

- Mean becomes **0**
- Standard deviation becomes **1**

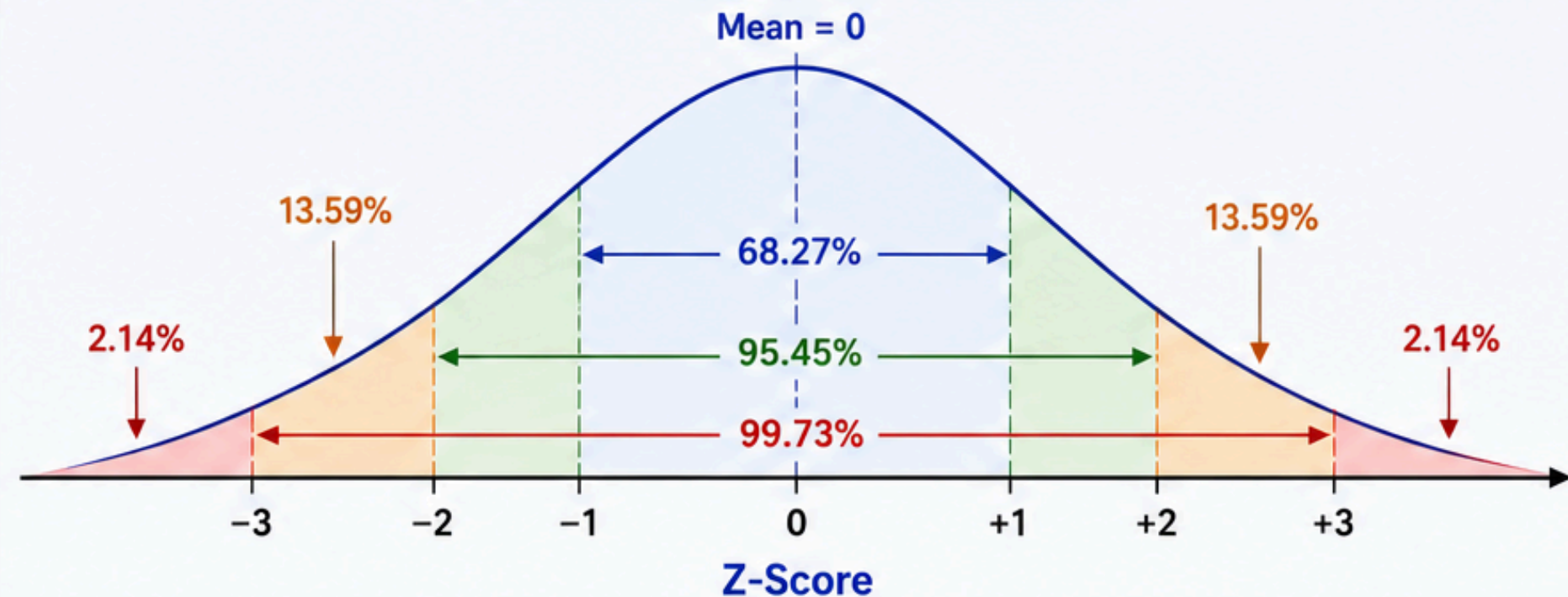


This transformed distribution is called the **Standard Normal Distribution**.



It allows different datasets to be **compared on the same scale**.

Standard Normal Distribution (Z)



Key Takeaway:

Z-scores help us **understand** how a value compares to the rest of the data, **no matter** what the original units or scale are.

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T-SCORES IN STATISTICS



T-Score is used when **sample sizes are small ($n < 30$)** and **population standard deviation (σ) is unknown**.

WHEN DO WE USE T-SCORE?



Sample size is small (typically $n < 30$)



Population standard deviation (σ) is **unknown**



We estimate the population using **sample data**

T-SCORE FORMULA

$$T = \frac{\bar{X} - \mu}{S / \sqrt{n}}$$

\bar{X} = Sample Mean

μ = Population Mean

S = Sample Standard Deviation

n = Sample Size

KEY CONCEPTS



T-Score tells us how many **standard errors** a sample mean is away from the population mean.



As sample size (n) increases, the T-Score approaches the **Z-Score**.



T-Scores follow a t-distribution (not the normal distribution) with $n - 1$ **degrees of freedom**.

STANDARD ERROR OF THE MEAN (SEM)

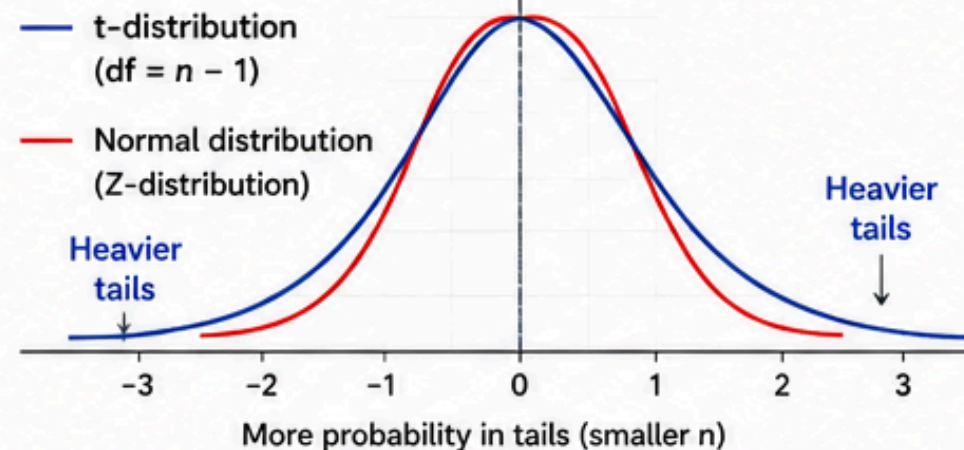
The Standard Error (SE) measures how far the sample mean is likely to be from the population mean.



$$SE = \frac{S}{\sqrt{n}}$$

Smaller SE \Rightarrow more precise estimate
Larger SE \Rightarrow less precise estimate

t-DISTRIBUTION (vs NORMAL DISTRIBUTION)



EXAMPLE

	Sample Mean (\bar{X})	=	72
	Population Mean (μ)	=	70
	Sample Standard Deviation (S)	=	8
	Sample Size (n)	=	16

$$T = \frac{72 - 70}{8 / \sqrt{16}} = \frac{2}{8/4} = \frac{2}{2} = 1.00$$

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NOTE: When $n \geq 30$, the t-distribution is very close to the normal distribution, so we can use **Z-Score** instead of T-Score.



T-Scores help us make reliable inferences from **small samples** when population standard deviation is **unknown**.



Why Do We Need a T-Score?



T-Score helps us make reliable inferences when we have a **small sample size** and the **population standard deviation (σ) is unknown**.

1. Z-SCORE: When It Works



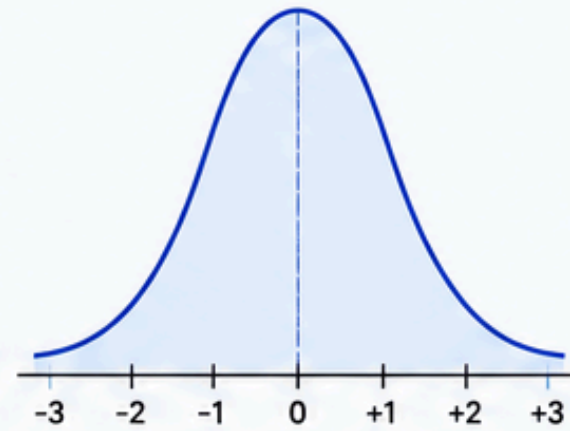
Large sample size
(typically $n \geq 30$)



Population standard deviation (σ)
is known



We can use Z-Score (Standard Normal Distribution)



Z-Distribution

VS

2. T-SCORE: When It's Needed



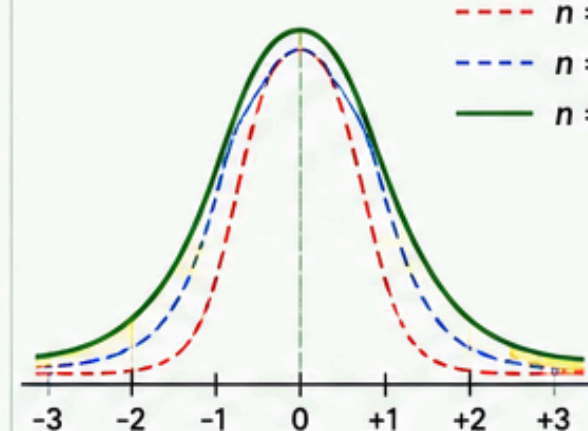
Small sample size
(typically $n < 30$)



Population standard deviation (σ)
is **unknown**



We estimate σ using sample standard deviation (s) and use T-Score (t-Distribution)



t-Distribution

Real-World Example



Scenario

A company wants to know if the average salary of 10 new employees is different from the population average. The population standard deviation is **unknown**.



Sample Data ($n = 10$)



We calculate sample mean (\bar{x}) and sample standard deviation (s)



What if we used Z-Score?

We don't know the true σ
• Z-Score would give incorrect results and misleading conclusions.



Why T-Score is the Right Choice?

T-Score adjusts for extra uncertainty in small samples by using t-distribution (which has heavier tails).



Result

T-Score gives more accurate and reliable inference for small samples with **unknown σ** .



Key Takeaway

Use T-Score when:

- ✓ Sample size is small ($n < 30$)
- ✓ Population standard deviation (σ) is unknown

T-Score Formula

$$t = \frac{\bar{x} - \mu}{s / \sqrt{n}}$$

\bar{x} = Sample Mean

μ = Population Mean

s = Sample Standard Deviation

n = Sample Size



As sample size (n) increases, t-distribution approaches the normal distribution (Z-distribution).



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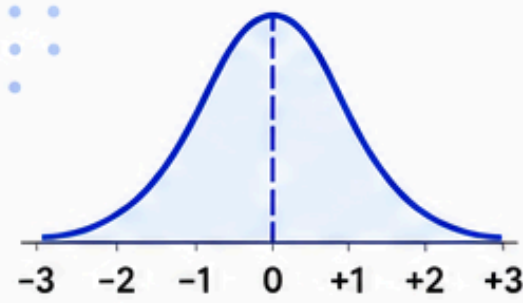
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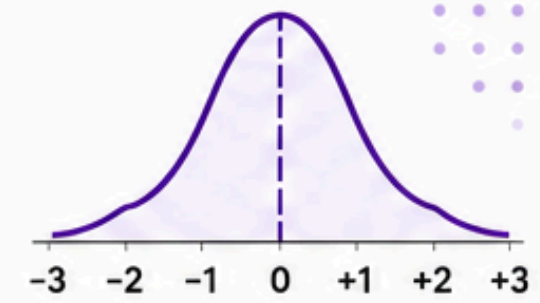


T-Score ensures **better decisions** when data is limited and uncertainty is high. It's a powerful tool for **real-world** statistical analysis!







Z-SCORE vs T-SCORE



VS

Feature	Z-Score	T-Score
 Population SD Known	 Yes	 No
 Sample Size	 Large	 Small
 Distribution Used	 Normal Distribution	 T Distribution
 More Accurate for Small Samples	 No	 Yes



In Simple Words: Use **Z-Score** when you know the population standard deviation and have a large sample.
Use **T-Score** when the population standard deviation is unknown and the sample size is small.



What is a T-Distribution?



The t-distribution looks similar to a normal distribution but has:



A bell shape

It is symmetric and centered like the normal distribution.



More spread in the tails

The tails are wider, meaning more extreme values are possible.



More uncertainty

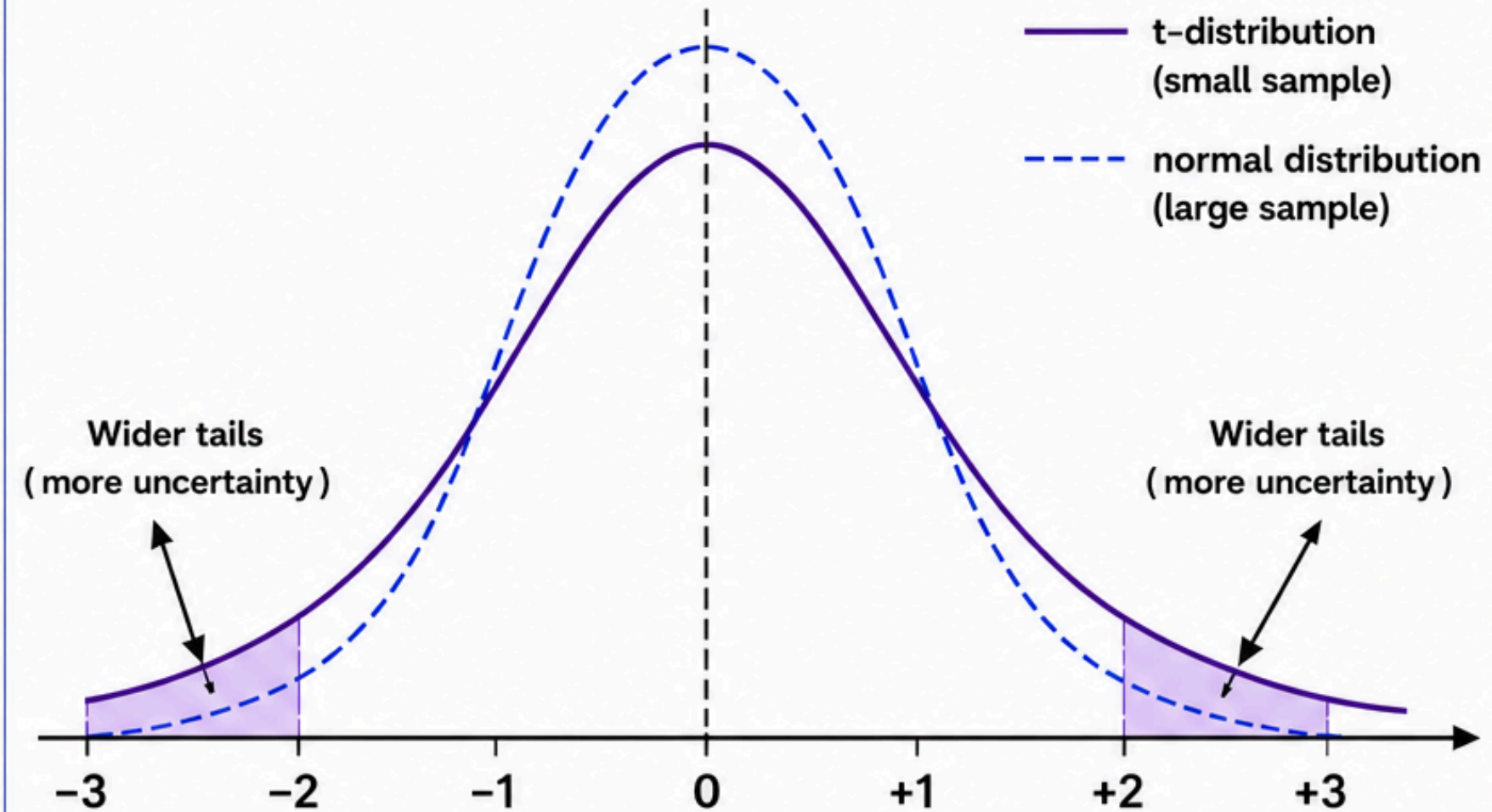
Wider tails represent greater uncertainty in estimates.



As sample size increases, the t-distribution becomes almost identical to the normal distribution.

Visual Idea

T Distribution



Key Takeaway:

The t-distribution is used when the sample size is **small** and the population standard deviation is **unknown**. It accounts for extra uncertainty by having wider tails.

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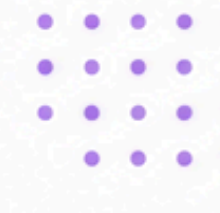
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Formula for T-Score



T-SCORE (t-STATISTIC) FORMULA

$$t = \frac{\bar{x} - \mu}{s / \sqrt{n}}$$

The t-score (t-statistic) tells us how far the **sample mean** is from the **population mean**, in terms of **standard error**.

WHERE:



= Sample mean



= Population mean
(hypothesized value)



= Sample standard deviation



= Sample size



Note: The t-score is used in hypothesis testing when the population standard deviation is **unknown** and the sample size is **small** (typically $n < 30$).

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Example 1: Manual Calculation



Suppose:

$$\bar{x} \text{ Sample Mean } (\bar{x}) = 75$$

$$\mu \text{ Population Mean } (\mu) = 70$$

$$s \text{ Sample SD } (s) = 10$$

$$n \text{ Sample Size } (n) = 25$$

Step 1: Calculate Standard Error

$$SE = \frac{s}{\sqrt{n}}$$

$$SE = \frac{10}{\sqrt{25}}$$

$$SE = \frac{10}{5}$$

$$SE = 2$$

Step 2: Calculate T-Score

$$t = \frac{\bar{x} - \mu}{SE}$$

$$t = \frac{75 - 70}{2}$$

$$t = \frac{5}{2}$$

$$t = 2.5$$



Result

T-Score = 2.5

The sample mean is **2.5** standard errors above the population mean.

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T-SCORE & DEGREES OF FREEDOM



Understanding Significance, df, and Their Role in Hypothesis Testing

DEGREES OF FREEDOM (df)

Degrees of freedom (df) determine the shape of the t-distribution.

$$df = n - 1$$

Where, n = Sample Size

EXAMPLE:

- Sample Size (n) = 25
- $df = 25 - 1$
- $df = 24$

EXAMPLE: CRITICAL T-VALUES (TWO-TAILED TEST)

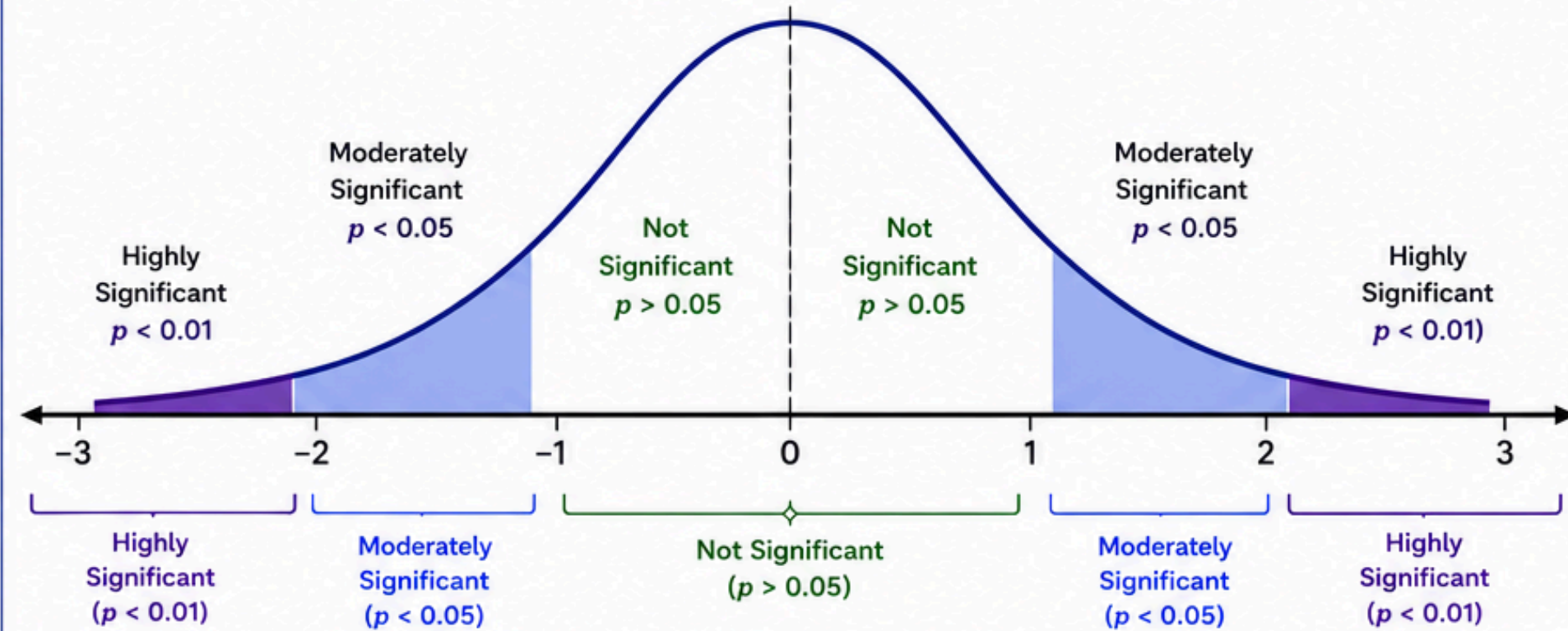
df (n-1)	Confidence Level		
	90% ($\alpha = 0.10$)	95% ($\alpha = 0.05$)	99% ($\alpha = 0.01$)
10	1.812	2.228	3.169
20	1.725	2.086	2.845
30	1.697	2.042	2.750
∞ (Z)	1.645	1.960	2.576



As df increases, critical t-value decreases and approaches the Z-critical value.

T-SCORE SIGNIFICANCE SCALE (T-DISTRIBUTION)

T-scores help determine how unusual a sample mean is under the null hypothesis.



HOW T-SCORES ARE INTERPRETED?



The number of degrees of freedom (df) and the confidence level determine the critical t-value.



If $|t\text{-score}| > \text{critical t-value} \rightarrow$ **Reject the Null Hypothesis (H_0)**



If $|t\text{-score}| \leq \text{critical t-value} \rightarrow$ **Fail to Reject the Null Hypothesis (H_0)**



KEY TAKEAWAY

T-scores, degrees of freedom, and confidence levels work together to decide whether a result is statistically significant.





Real-Life Example



A company claims:
Average employee salary = ₹50,000



You collect data from:
25 employees

We will test if the true average salary is higher than ₹50,000.

Results:



Sample Mean (\bar{x}) = ₹55,000



Sample SD (s) = ₹8,000



Sample Size (n) = 25

1. Standard Error (SE)

$$SE = \frac{s}{\sqrt{n}}$$

$$SE = \frac{8000}{\sqrt{25}}$$

$$SE = \frac{8000}{5}$$

$$SE = 1600$$

2. T-Score (t)

$$t = \frac{\bar{x} - \mu}{SE}$$

$$t = \frac{55000 - 50000}{1600}$$

$$t = \frac{5000}{1600}$$

$$t = 3.125$$



Conclusion: The sample mean is significantly higher than the claimed average salary.



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Python Example



1. Calculating T-Score Manually

```
import math
sample_mean = 75
population_mean = 70
sample_sd = 10
n = 25

t_score = (sample_mean - population_mean) / (sample_sd / math.sqrt(n))

print("T-Score:", round(t_score, 2))
```

Output

T-Score: 2.5

The sample mean is **2.5 standard errors** above the population mean.

2. T-Test in Python

```
from scipy.stats import ttest_1samp
scores = [70, 75, 80, 72, 78, 76, 74, 77]
t_stat, p_value = ttest_1samp(scores, 70)

print("T-Statistic:", t_stat)
print("P-Value:", p_value)
```



A T-score is commonly used in a **T-Test**.

This helps determine whether the **sample mean differs significantly** from the population mean.





Z-Score vs T-Score Example



Suppose:



Sample Mean (\bar{x})
= 75



Population Mean (μ)
= 70



Standard Deviation (SD)
= 10



Sample Size (n)
= 25

1. If Population SD Known (Use Z-Score)

Use:

$$Z = \frac{\bar{x} - \mu}{\sigma / \sqrt{n}}$$

$$Z = \frac{75 - 70}{10 / \sqrt{25}}$$

$$Z = \frac{5}{2}$$

Result:

$$Z = 2.5$$

2. If Population SD Unknown (Use T-Score)

Use:

$$T = \frac{\bar{x} - \mu}{s / \sqrt{n}}$$

$$T = \frac{75 - 70}{10 / \sqrt{25}}$$

$$T = \frac{5}{2}$$

Result:

$$T = 2.5$$



The formula may look similar, but the interpretation uses the **t-distribution** instead of the **normal distribution**.












T-SCORE: KEY TAKEAWAYS



Understand the Concept. Apply with Confidence.

KEY TAKEAWAYS

-  1 T-score is used when the **population standard deviation is unknown**.
-  2 It is especially useful for **small sample sizes**.
-  3 T-score uses the **t-distribution**.
-  4 The t-distribution has **wider tails** than the normal distribution.
-  5 Degrees of freedom = $n - 1$.
-  6 As sample size increases, the t-distribution **approaches the normal distribution**.
-  7 T-scores are the foundation of **hypothesis testing and t-tests**.

QUICK MEMORY TRICK

Z = Population Known

T = Population Unknown

OR
SIMPLY



Use **Z** when you **know** the population standard deviation.



Use **T** when you **estimate** it from a sample.

